

# Public Health Advisory

## Pertussis outbreak in Sanikiluaq over

**September 1, 2020**  
**Sanikiluak, Nunavut**

**60 sec**

The Department of Health is declaring the pertussis outbreak in Sanikiluaq is over.

Anyone can get whooping cough (pertussis), but the most severe cases are in children under the age of one.

Whooping cough is a disease of the throat and lungs that is spread very easily from person to person. If you or your child are mildly ill, stay home and avoid contact with others until your symptoms are gone. This will prevent the spread of illness.

Early diagnosis and treatment are important. Go to your local health centre or see your health care provider if anyone in your household has any of these symptoms:

- a cough that lasts longer than a week;
- a cough followed by an unusual sound that sounds like “whoop”;
- trouble breathing;
- vomiting after coughing;
- coughing that is worse at night; or
- a high fever (39°C and above) that lasts more than three days.

You can prevent whooping cough by getting vaccinated. People should check that their vaccines are up to date. Other precautions include:

- frequent handwashing;
- coughing into your sleeve or tissue; and
- not sharing food, drinks, utensils or toothbrushes.

Learn more about whooping cough by reading the [pertussis factsheet](#) available on the Department of Health website.

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